

2019 Summer Programs

Summer Camp Program – July 1st to July 26th

- Click the Summer Camp 2019 tab for information about the camp and the Summer Camp Registration Form.
- **Please note that the Camp location is the Widdifield Secondary School Track.**

Summer Competitive Program – June 17th to August 11th

- This program is for athletes who are in the age groups listed below and are training five (5) to six (6) days a week.

Year of Birth	Age Division	Age Category
2006 or later	U14	U13 & U14
2004-2005	U16	U15 & U16
2002-2003	U18	U17 & U18
2000-2001	U20	U19 & U20

- These are the possible meets:
 1. The Legion Provincial T&F Meet July 12th and 13th. The athlete must attend and qualify from the District H Meet.
 2. The AO Provincial T&F Championships, date TBA. An Athletics Ontario Membership will need to be purchased to attend this meet. Coach Jan will let you know the process of purchasing the membership. The registration fees for the membership are posted on the NBLTC website.
 3. The National Youth T&F Championships Aug. 9th, 10th, and 11th. The athlete must make event standards or qualify as a member of the Provincial Team. The National Championships are in Sydney, Nova Scotia. Travel arrangements are to be determined.
- Team practices will be organized once the athletes participating have been identified.