

## District H – Nugget Report 2019

The North Bay Legion Track Club competed at the Regional District H Legion Track and Field Meet at Laurentian University in Sudbury Saturday June 15<sup>th</sup>, 2019. Fifty-nine (59) athletes from North Bay competed at the meet which included athletes from as far away as Sault Ste. Marie. The age categories included: 11U (born 2008 or later), 13U (born 2006 or 2007), 15U (born in 2004 or 2005), and 17U (born in 2002 or 2003). Congratulations to all the athletes for a great day of running, jumping, and throwing. Outstanding performances by the team resulted in a total of 78 Medals: 21 Gold, 34 Silver, and 23 Bronze. Thirty-six (36) 4<sup>th</sup>, 5<sup>th</sup>, and 6<sup>th</sup> places were also established.

New District H Records were achieved by two (2) NBLTC athletes. Janae Hardware in her first year in the 17U age category achieved meet records in two (2) different events. In the 400m hurdles she broke the record with a new time of 1:08.65, and in the 400m she established a new record in a time of 59.72. Lindsay Fletcher shared her record breaking performance with another athlete in the 1200m when she ran 4:01.72 to place second to Alison Symington of Sudbury who ran 4:01.44 to place first. Both girls broke the old record of 4:04.83 that was established by North Bay's own Erin Hansel in 2013 in a time of 4:04.83.

This was a qualifying meet for the 15U and 17U athletes to compete for a spot to qualify as part of the 40 member District H Team that will compete at the Legion Provincial Championships in Brampton, Ontario. They will travel on Thursday July 11<sup>th</sup> and compete July 12<sup>th</sup> and 13<sup>th</sup>, 2019. The qualifiers from the District H Meet will be announced on or before June 24<sup>th</sup>, once the team members have been identified by the District H Organizing Committee.

**These are the Club's top 6 results in each age category:**

### 11 yr. and under:

- Emma Culin – 4<sup>th</sup> 300m
- Grayson Franks – 5<sup>th</sup> 300m, 6<sup>th</sup> 800m
- Cameron Gelinias – 2<sup>nd</sup> 800m
- Brenna Gervais – 2<sup>nd</sup> 800m, 1<sup>st</sup> 1200m
- Fiona Madigan – 1<sup>st</sup> 100m, 1<sup>st</sup> 200m, 2<sup>nd</sup> Long Jump
- Anna Moore – 3<sup>rd</sup> 300m
- Wayve Lefebvre – 5<sup>th</sup> 100m, 6<sup>th</sup> 200m, 4<sup>th</sup> Long Jump
- Andreena Pizzoferrato – 6<sup>th</sup> 300m, 6<sup>th</sup> 800m
- Carlie Popp – 3<sup>rd</sup> 200m, 1<sup>st</sup> 800m, 1<sup>st</sup> Long Jump
- Isabelle Popp – 5<sup>th</sup> Long Jump

**13 yr. and under:**

- Robert Baas – 3<sup>rd</sup> 300m
- Liam Carruthers – 2<sup>nd</sup> 100m, 2<sup>nd</sup> 200m
- Jackson Culin – 5<sup>th</sup> 100m, 2<sup>nd</sup> 800m, 1<sup>st</sup> Shot Put, 2<sup>nd</sup> in 15U Discus
- Gavin McComb – 3<sup>rd</sup> 1200m
- Renee McNamara – 3<sup>rd</sup> 800m, 2<sup>nd</sup> 1200m
- Sarah Phelps – 6<sup>th</sup> 200m, 2<sup>nd</sup> 300m, 2<sup>nd</sup> 800m
- Sierra June Richardson – 6<sup>th</sup> Long Jump, 5<sup>th</sup> Triple Jump
- Nate Sinclair – 2<sup>nd</sup> Long Jump, 3<sup>rd</sup> Triple Jump
- Mary Smith – 1<sup>st</sup> 100m, 2<sup>nd</sup> 200m

**15 yr. and under:**

- Ashlyn Auger – 6<sup>th</sup> 800m, 3<sup>rd</sup> 2000m
- Brianna Boldt – 1<sup>st</sup> Shot Put, 2<sup>nd</sup> Discus, 3<sup>rd</sup> Javelin
- Tristan Croxan – 2<sup>nd</sup> 300m, 1<sup>st</sup> 800m
- Lindsay Fletcher – 2<sup>nd</sup> 800m, 2<sup>nd</sup> 1200m
- Kaleb Grant – 2<sup>nd</sup> 100m, 2<sup>nd</sup> 200m
- Lucien Landriault – 3<sup>rd</sup> 300m, 5<sup>th</sup> 100m hurdles, 1<sup>st</sup> 200m hurdles
- Chase Lefebvre – 4<sup>th</sup> 100m, 3<sup>rd</sup> Long Jump, 2<sup>nd</sup> Triple Jump
- Alex Lepine – 1<sup>st</sup> Shot Put, 1<sup>st</sup> Javelin
- Carter Matthew – 5<sup>th</sup> 800m
- Chloe McLean – 3<sup>rd</sup> Shot Put, 4<sup>th</sup> Discus, 2<sup>nd</sup> Javelin
- Faith Michauville – 5<sup>th</sup> Javelin, 1<sup>st</sup> Discus, 4<sup>th</sup> Shot Put
- Kate Pauli – 6<sup>th</sup> 1200m, 2<sup>nd</sup> 2000m
- Vanessa Perrault – 2<sup>nd</sup> 100m, 1<sup>st</sup> 200m, 2<sup>nd</sup> Long Jump
- Michelle Pilon – 5<sup>th</sup> 1200m
- Teo Ryan- 2<sup>nd</sup> 800m, 2<sup>nd</sup> 1200m
- Katie Sawyer – 3<sup>rd</sup> Discus, 5<sup>th</sup> Shot Put, 6<sup>th</sup> Javelin
- Preston Scott – 3<sup>rd</sup> 800m, 1<sup>st</sup> 1200m
- Anna Mae Smith – 1<sup>st</sup> 100m, 2<sup>nd</sup> 80m hurdles
- Camryn Walker – 1<sup>st</sup> 300m, 5<sup>th</sup> 800m

**17 yr. and under:**

- Quilquil Atari – 3<sup>rd</sup> Long Jump, 2<sup>nd</sup> Triple Jump
- Alex Buchmann – 2<sup>nd</sup> Shot Put, 2<sup>nd</sup> Discus
- Kianna Desage – 3<sup>rd</sup> High Jump, 3<sup>rd</sup> Long Jump
- Dominique Desormeau – 5<sup>th</sup> 100m, 2<sup>nd</sup> 100m hurdles
- Alex Dufresne-Nappert – 4<sup>th</sup> 3000m
- Janae Hardware – 1<sup>st</sup> 400m, 1<sup>st</sup> 400m Hurdles
- Alexandra Lannin – 3<sup>rd</sup> 200m, 5<sup>th</sup> 100m hurdles, 5<sup>th</sup> Long Jump
- Gabriel Lannin – 4<sup>th</sup> 200m, 5<sup>th</sup> 400m, 6<sup>th</sup> Long Jump
- Kaiden Peldjak – 1<sup>st</sup> Shot Put, 1<sup>st</sup> Discus
- Emma Roberson – 2<sup>nd</sup> 1500m, 3<sup>rd</sup> 3000m
- Ethan Scott – 1<sup>st</sup> 800m, 2<sup>nd</sup> 1500m
- Seth Veldhuis – 1<sup>st</sup> 110m hurdles, 1<sup>st</sup> 400m hurdles, 4<sup>th</sup> Long Jump
- Aaron Walker – 2<sup>nd</sup> 800m, 3<sup>rd</sup> 1500m
- Owen Walker – 3<sup>rd</sup> 400m, 3<sup>rd</sup> 800m